



## Michael Werts

and all course dates will be up on the Mind Motivations.com™ website by 15th of Dec 2008, and also posted in the next newsletter.

John, Michael, and myself will be regular members to this forum to answer questions or enquiries and help when

necessary and all past and present students of the academy who will be encouraged to join and partake in this most excellent website. I may be going far away from where it all began but I'm only an email away and will continue to make regular visits to Perth. I

thank you all for your support and studentship during the passing years. I look forward to seeing you soon and wish you all the best for your future and success during your hypnosis career.

**Kindest Regards**  
**Rick C**

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## Hypnothoughts.com

Recently, Rick passed on a website address to me and he asked that I include this in the newsletter to encourage all Newsletter recipients to consider joining the site. The site is: [www.hypnothoughts.com](http://www.hypnothoughts.com)

It is an international site for hypnotists and hypnotherapists to join, share ideas, make friends and assist each other by sharing resources. I've found the people on the site

to be friendly, helpful and a 'jolly good bunch'. There is a Group on the site called Australia and New Zealand Hypnotists that was started by Craig Homonnay in Adelaide and at the time of writing this had a total of 31 members (including Gil Boyne). The site has over 2,300 members total and both Rick and I would encourage you to visit the site, join and enjoy the online community. It is a great resource!

## Mind Motivations™ Monthly Newsletter by Email

Currently all monthly newsletters are printed, enveloped, addressed and sent and as you can imagine this is a very time consuming process. You also have to wait for the mail to be delivered and we all know how much each and every one of us impatiently awaits the arrival of the mailed newsletter. Printing and sending the newsletter is a resource intensive exercise and uses a significant amount of paper, ink and envelopes.

We would like to trial a new system in parallel with the current mail out of hard copy newsletters. The trial will be sending the newsletter out in Portable Document Format (PDF) format as well as sending out the hard copy versions as well. Delivery of the emailed version of the newsletter will be instantaneous and not use anywhere-near the resources that are currently being expended. There will be a link included in the newsletter email to download Adobe PDF Reader (free download) if you don't

already have it. There will also be a telephone number to call if you need any assistance and/or help setting this up. There will be instructions on how to 'unsubscribe' if you no longer wish to receive emailed newsletters or information.

Eventually, it would be ideal to see the majority of newsletters being sent only via electronic means but we know that there will always be some people who need to receive hard copy newsletters and these will continue. We will also use the email addresses as a means to send reminders about up-coming events.

If you would like to receive the newsletters via email, I would encourage that you send an email to: [MM\\_Newsletter@iinet.net.au](mailto:MM_Newsletter@iinet.net.au) to be included on this list. If anyone has any questions about this, please don't hesitate to ask. You can send an email to [MM\\_Newsletter@iinet.net.au](mailto:MM_Newsletter@iinet.net.au).

Thank you.  
Michael Werts

## Power Hypnosis Course – A Student's Perspective

By Michael Werts

I, along with a number of other students, had the good fortune to attend Rick's first 'Power Hypnosis Course'. The course was conducted at a new training venue and the venue was, in my humble opinion, much better than the State Library. While not as central as the Library, the location provides free parking and a much better atmosphere.

I had spoken to Rick before the course started and he had told me that this course was focussed on getting back to the fundamentals of hypnosis in the same way that the early masters had done. We spent the first day focussing on the methods and explanations of Baird and Esdaile and this served to give us a very good understanding of what they did, how they did it and just how effective it was. This was good background. Personally I was impressed by the depth of knowledge that Rick has acquired and this was demonstrated by his understanding of their techniques, how the techniques



were applied and just how monumentally successful these techniques were in achieving deep (and effective) trance.

The second day of the course encompassed demonstrations of the applications of magnetism techniques and then the students were given the opportunity to practice, practice and more practice. This was both amazing and

enlightening – amazing from the perspective of just how easy and effective the techniques are and enlightening to know that we all had the ability to effect very quick, very deep trance in a short time frame.

Everyone is well aware of Rick's teaching abilities but what was particularly noteworthy was the way that Rick researched, tested, proved and incorporated these techniques. Throughout the course I was struck by the passion that Rick showed for this topic and that only served to provide the students with a better learning experience.

Probably the biggest hurdle that the students needed to overcome was developing the understanding of just how easy, simple and effective the techniques are. It was never the intention to use these techniques as they were originally intended - to perform complex surgical procedures and operations, however using the magnetists' approach and coupling that with hypnotherapy practices serves to provide the hypnotherapist with greatly enhanced skills, impressive abilities and far more productive outcomes. Just to prove that it is effective though, Rick happily entranced and 'pinned' a couple of the students (see photo).



In summary, I think that the Power Hypnosis course was absolutely fantastic and I would strongly recommend it to anyone who has completed the Certificate Course and achieved some practice. It definitely adds another string to the bow and this is a very powerful bow!



## Up Coming Dates:

Saturday 29 November 2008 – On-Going Monthly Training.

Subject: **Hypnosis for addiction and substance abuse**

Venue: State Library of WA

Saturday 6 December 2008 – On-Going Monthly Training

Subject: **Ethics and Operating a Clinical Practice**

Venue: State Library of WA

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\*\* Please note – now that Rick is located in the UK, he is only available via email. The cost of calling a mobile phone in the UK from Australia is high and couple that with the time differences and it is simpler to rely on email communications.

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## Future Articles

The Mind Motivations™ Newsletter would welcome any articles or stories. Please submit any inclusions via email to the [MM\\_Newsletter@iinet.net.au](mailto:MM_Newsletter@iinet.net.au) email address. The Editor reserves the right to amend any article to fit with size limitation requirements and to correct spelling, grammar or factual content.

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